

# What is Ozone Water?

Ozone water is highly oxygenated water. Ozone water oral rinsing is a very effective, yet gentle way to rapidly destroy bacteria that are in your mouth. Drinking Ozone water destroys bacteria, viruses, mold and fungus very quickly. It attacks damaged or unhealthy cells, destroying them. Drinking ozonated water can help to regulate Ph balance throughout the entire body. Studies have been done on not only effectiveness but on safety as well. Children as well as seniors can benefit from ozone water. Ozone is FDA approved to be used in purification of water & according to the International Bio-Oxidative Medical Foundation (IBOMF), an Oklahoma based research facility, drinking/using ozone water can help in these ways:

**Drinking Ozonated water** - Drinking the highly oxygenated water on a daily basis can increase oxygen flow throughout your entire body. This can **improve memory and response time, reflexes, regulate metabolism and trigger fat burning, improve digestive health, heart and circulatory system, boost your immune system, improve skin/hair** condition and make you feel *really* good! Anytime someone in the family feels like they are “coming down with something” give them lots of ozonated water and see how fast they will feel better. **Mouth sores, blisters, tooth infections & gum infections** (hold ozone water in mouth for several minutes, or use in water pic), **sore throat, swollen glands, cough, congestion, sinus infections** (sinus/eye/ear irrigation discussed later), **head colds, flu, ulcers** the list goes on and on. Ozone water can be given to humans of **all** ages, animals and plants.

**1 gallon of ozone water = 15 minutes very fast and easy**

**Disinfection of Dentures, Retainers, etc.,** - Every night these have to be sterilized and cleaned for the next day. Ozone has tremendous stain fighting ability. Soaking your dentures in ozone water each night can help them to stay whiter and cleaner than with other more expensive solutions.

**Toe/Finger Nail Fungus or Athlete’s Foot** - A relaxing hand or foot soak will do the trick. Soothe itching, burning discomfort by soaking your feet in warm ozone water. Fill a tub with warm (**75-85** degree water). Set the machines timer for **30** minutes and relax as the bubbles gently massage your feet or hands. Soaking this way **twice** a day will quickly rid your hands or feet or any unsightly nail fungus or athlete’s foot. This type of a “warm water soak” can also be used for **cuts, burns, blisters, sprains (wrist/ankle), bedsores or diabetic ulcers**. Washing your **face** in ozone water can help to **reduce acne, eczema, psoriasis** and help skin to look healthier, younger.

This machine can literally save you a ton of money in medical, dental and shopping expenses. Your own ozone machine at home for only **\$200.00!** Order your ozone machine today at

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